



Champion Athletics - Session 1 Classes

12 weeks of Classes - August 5th - October 25th, 2024

PRESCHOOL AGES 3-5yrs

Preschool Open Play (3-5yr) - Mon 3pm

Movement & Music Champs (3-5yr) - Mon 4pm

Little Champs Gymnastics (3-4yr) - Mon 4:45pm

Parent & Me (walking-3yr) - Mon 5:30pm

Little Champs Gymnastics (3-4yr) - Mon 6pm

Advanced Champs Gymnastics (5yr) - Mon 6:45pm

Preschool Open Play (3-5yr) - Tues 3pm

Tumble Champs (3-5yr) - Tues 4pm

Advanced Champs Gymnastics (5yr) - Tues 4:45pm

Parent & Me (walking-3yr) - Tues 5:30pm

Little Champs Gymnastics (3-4yr) - Tues 6pm

Little Champs Gymnastics (3-4yr) - Tues 6:45pm

Parent & Me (walking-3yr) - Thurs 5:30pm

Little Champs Gymnastics (3-4yr) - Thurs 6pm

TUMBLING AGES 5yrs & UP

Beginners Tumbling - Mon 5:30pm

Intermediate Tumbling - Mon 6:30pm

Advanced Tumbling - Mon 6:30pm

Beginners Tumbling - Thurs 4:45pm

GYMNASTICS AGES 6yrs & UP

Beginners Gymnastics - Tues 5:30pm

Intermediate Gymnastics - Tues 6:30pm

Beginners Gymnastics - Thurs 5:30pm

Beginners Gymnastics - Thurs 6:30pm

AAU Competitive Gymnastics Team

XCEL BRONZE - Tues & Thurs 4-5:30pm

XCEL SILVER & GOLD - Mon & Tues 4-6pm

***(MUST Tryout to be placed on Team)**

Champion PE Class - Thurs 4:30pm

NINJA WARRIOR AGES 3yrs & UP

Ninja Champs (3-5yr) - Mon 5:30pm

Ninja Warriors (9yrs+) - Mon 6:15pm

Ninja Champs (3-5yr) - Tues 5:30pm

Jr Ninja Warrior (6-8yr) - Tues 6:15pm

Ninja Champs (3-5yr) - Thurs 4pm

Open Gym \$5 per visit -

Mon/Tues/Thurs @ 6:30-7:30pm

Enroll now at championathletics.net

Book Private Lessons at adachampionathletics@gmail.com